

Sophia A. Strother, MBA, CTCM

Sophia A. Strother is the Founder and Executive Director of Empowerment Driven by Knowledge Coalition (EDKC), a nonprofit organization founded in 2008. EDKC manages a statewide awareness campaign on Sexual Abuse and Domestic Violence titled #GETLOUDGETOUT and "Creating a SAFE ZONE within the Church" training to ministries nationally. On December 1, 2016, the Texas Governor's office commissioned Sophia Strother a **'Yellow Rose of Texas'** for her efforts with Empowerment Driven by Knowledge Coalition. This was a result of her tireless efforts to raise awareness around domestic violence and sexual abuse and co-founding Juneteenth Family Fun Day in Waco, the largest celebration of African American freedom and accomplishments in Central Texas drawing over 5,000 annually 2011-2016. **"The Yellow Rose of Texas Award"** which is given only through the Office of the Governor to recognize women for their significant contributions to their communities and to Texas in the preservation of Texas history, the accomplishments of our present, and the building of the future. She has also received "Community Champion" Award and grant from Constellation, an Exelo Company to further promote "GET LOUD GET OUT".



Sophia enthusiastically exhibits her passion by aiding different organizations and ministries to raise sponsorship dollars and organize live events that have raised over \$3.5 million dollars benefitting social, education and economic issues.

Trustworthy Consulting, a consulting business, founded by Sophia in 2001 has a motto **"A business designed to give God's people the keys they need to prosper. If you have an idea, they have a plan."** Trustworthy Consulting's primary focus is in consulting nonprofits, educational and religious organizations to maximize their full potential in marketing, promotions, social awareness and financial stability. Sophia has successfully contracted with Austin Independent School District (ISD) since 2011 providing personal knowledge on surviving (child abuse, sexual abuse and domestic violence), life experience and positive relationships during 42 Integrity Series workshops based upon her critically acclaimed book "Sophia I'm Back".

"Her presentations have been factual, visual and intriguing. Students and teachers alike have expressed great impact on their thinking and decision making after hearing her. She is very passionate in her delivery and is extremely open and honest in addressing any question or comment from the audience. Ms. Strother makes a tremendous impression by connecting to real life experiences. Students often share that until hearing from her, they did not think they had a choice. Sophia motivates any listening ear to make better choices. Whether she is speaking to one individual or one thousand individuals, her message is one that connects to every person. I applaud her tenacity as sharing her experience is life-long. Our society advances as we hear her message. Crossing all boundaries to reach to truth benefits all of us. There is no hesitation for me to contact her to continue to speak to our students and staff. She helps us to practice being 'Winners' because she is 'Winner'." States the Director of State and Federal Accountability Dr. Mary Lynn Thomas of Austin ISD.

Sophia has authored two books "Sophia I'm Back" and "Taking My Life Back" Study Guide detailing her own journey of survival and helping others to overcome their adversities.

Sophia holds a MBA in Marketing and BSBA in Business Management from American International College. She's certified as a Crisis Intervention Specialist, Mental Health First Aid Responder and Advocate with a passion to CLAIM her past by being the AUTHOR of her future. Simply put Sophia is a survivor, entrepreneur, community advocate, inspirational speaker.

Sophia
I'm Back!

the true story of

Sophia A. Strother

